


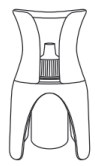
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Eye Drop Guide Helper – User Manual

Thank you for choosing the Remedic Eye Drop Guide Helper!

This device is designed to make applying eye drops easier, more comfortable, and more accurate. Follow the steps below for proper use and troubleshooting tips.

Compatibility:

This tool is compatible with most common eye dropper bottles, including single-use vials. For small or large bottles, use the silicone adaptor (included in the box) to ensure a secure fit.

Step-by-Step Instructions:

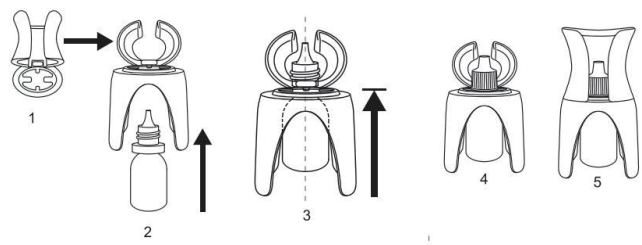
1. Prepare:

- Hygiene First: Wash your hands thoroughly before handling the eye drop applicator or the eye drop bottle.

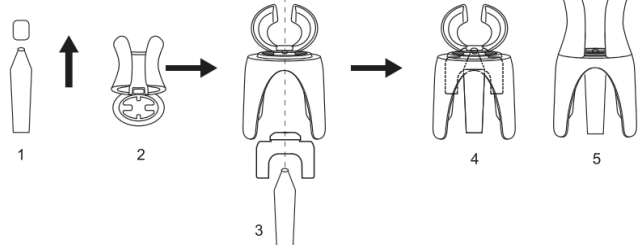
- Check Bottle Compatibility: If you're using a small or single-use vial, attach the silicone adaptor for a secure fit. Ensure the eye drop bottle is clean and undamaged.
- Warm the Drops (Optional): You may warm the eye drops to body temperature by holding the bottle in your hands for a few minutes. This helps reduce discomfort during application.

2. Insert the Bottle:

- Open the Applicator: Flip back the top part of the applicator to expose the slot for the eye drop bottle.
- Secure the Bottle:
For Regular Sized Bottles: Insert the bottle directly into the slot and ensure it is sitting straight. Press gently until the tabs click into the neck of the eye drop bottle.



For Smaller or Larger Bottles: Attach the silicone adaptor to the bottle before inserting it. This helps keep the bottle upright and prevents leaks.

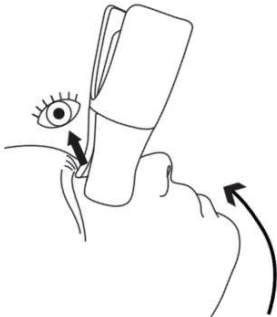


Snap the Top Part of the Applicator in Place: After inserting the bottle, flip back the top part until you hear a "click." This ensures the applicator stays securely closed and straight.

3. Position the Tool:

- Get Comfortable: Sit down or lie down in a comfortable position. If lying down, try to do so on a flat surface like a bed or couch to keep your head stable.
- Correct Head Positioning: couch to keep your head stable.
For Sitting: Tilt your head backward until your eyes are facing upward toward the ceiling (in other words: that the tip of your nose is pointing up to the ceiling). This position helps ensure the drop falls directly into your eye.

For Lying Down:
Rest on your back with your face directly toward the ceiling. This position helps ensure the drop falls directly into your eye.



Align the Applicator: Place the applicator gently over your affected eye, aligning the soft edge of the tool with your lower eyelid. The soft rim of the applicator can help to gently pull down the lower eyelid as you lower the device, making it easier to apply drops. This can also help to keep the eye open against the natural reflex of blinking (or eye twitch).

4. Apply the Eye Drops:

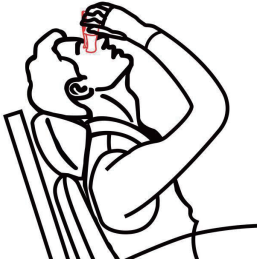
- Release the Drop: Once the applicator is in place and your lower eyelid is gently held open, press down on the bottle to release a drop. The soft edge of the applicator ensures the drop falls directly into your eye, minimizing missed drops and preventing direct contact with the eye.
- Take Your Time: Wait a moment after the drop lands to ensure the medication is absorbed before blinking.

Troubleshooting:

The Drop Misses the Eye:

- Ensure that the applicator is positioned correctly over your eye and that the soft rim is gently pulling your lower eyelid down.
- Adjust the angle of your head slightly until your face is directed to the ceiling and that you hold the applicator straight – this is to ensure that the drop falls directly into your eye.

- If this is challenging, try sitting in a chair or on a sofa with a high backrest to support your head. Remember, just like gravity, the drops will fall down in a straight line!.
- Otherwise try lying flat on your back for better control and stability



The Bottle Doesn't Fit:

- For smaller or single-use vials, use the silicone adaptor to secure the bottle. If the adaptor is not used correctly, the bottle may not sit straight.
- For larger bottles, double-check that the bottle is sitting upright and is securely inserted into the applicator slot.

Eye Drop Not Releasing:

- Ensure the bottle is firmly secured and press down with more pressure to release a drop. Some bottles may require a firmer squeeze.
- If the dropper nozzle is clogged, clean it as directed by the eye drop manufacturer.

I'm Blinking Too Much:

- The soft rim of the applicator is designed to gently hold down your lower eyelid, which helps prevent blinking during application.
- If blinking is still a problem, try placing the applicator while lying flat on your back for better control.

Cleaning and Maintenance:

- After Each Use: Rinse the applicator under warm running water to remove any residue. You can disinfect it with medical alcohol wipe. Let it air dry completely before storing or using it again.
- Avoid Aggressive Cleaners: Do not use acetone, petrol, or aggressive detergents to clean the applicator, as this can damage the material.


- Hygiene Tip: Always wash your hands before handling the applicator or eye drop bottle to prevent contamination.

Storage Instructions:

- Dry and Safe Storage: Store the applicator in a dry place away from direct sunlight. Avoid placing heavy objects on the tool to prevent damage.
- Keep It Clean: Ensure the applicator is thoroughly dry before storage to maintain hygiene.

Additional Tips:

- Practice Makes Perfect: If you're having difficulty at first, don't worry! The more you use the applicator, the more comfortable and confident you'll become.
- Watch a Video Tutorial: For a detailed step-by-step video on how to use the Remedic Eye Drop Guide Helper, scan the QR code or visit



<https://youtu.be/VXN1VH00NO4?si=S7xP3aPOGUcltTh7>

We're Here to Help!

If you have any questions or need further assistance, please reach out to our customer support team. We're happy to help you get the most out of your Remedic Eye Drop Guide Helper!

Medical Disclaimer:

The Remedic Eye Drop Guide Helper is a tool designed to assist with the accurate and comfortable application of eye drops. This device is not a substitute for medical advice or treatment. Please consult with your doctor, pharmacist, or healthcare provider before using this

device if you have any concerns about your eye health, the use of eye drops, or if you are unsure about the correct use of the product.

If you experience any discomfort, irritation, or adverse reactions while using this product or applying eye drops, dis-

continue use immediately and seek medical advice. Always follow the instructions and dosage information provided with your eye medication or prescribed by your healthcare professional.

By using this product, you acknowl-

edge that it is your responsibility to consult a healthcare provider regarding any medical questions or concerns related to the use of eye drops. Remedic and Hoffmann Asia Ltd. are not liable for any misuse of this product or failure to follow medical advice.